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(71) Applicant (for AU BB CA GB GH IE IL KE LC LK LS MG MW NZ SD SG SL SZ TT UG ZW only): UNILEVER PLC [GB/GB]; Unilever House, Blackfriars, London EC4P 4BQ

(71) Applicant (for all designated States except AU BB CA GB GH IE IL KE LC LK LS MG MW NZ SD SG SL SZ TT UG ZW): UNILEVER N.V. [NL/NL]; Weena 455, NL-3013 AL Rotterdam (NL).

WINCH, Paul, Jonathan; 13457 Velp Avenue, Suamico, WI 54173 (US). WIX, Loyd; 93 Hayway, Rushden, Northamptonshire NN10 6AQ (GB).

(74) Agent: KIRSCH, Susan, Edith; Unilever plc, Patent Division. Colworth House, Shambrook, Bedford MK44 ILQ (GB).

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(54) Title: FROZEN AERATED ICE CREAM FREE OF EMULSIFIER AND PREPARATION THEREOF

(57) Abstract

A frozen aerated product having no added emulsifier and preferably no added stabiliser and having a fat content of from 1 to 6 % which satisfies the following conditions: (a) % DF greater than or equal to [0.6 * %F]; (b) % ML100 less than or equal to 100 % - [5.35 * %F); and (c) an air cell size distribution such that the mean air cell size is less than 40 μ M with a standard deviation of less than 20 μ M; wherein DF = destabilised fat, F = fat, ML100 = mass loss after 100 minutes.

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FROZEN AERATED ICE CREAM FREE OF EMULSIFIER AND PREPARATION THEREOF

Technical Field of the Invention

The invention relates to a high quality frozen aerated product, particularly an ice cream product and the manufacture thereof, wherein the frozen aerated product has a low fat content and requires no addition of emulsifiers.

10 Background to the Invention

Traditionally frozen aerated products such as ice cream products contain approximately 8-12% fat in addition to stabilisers and emulsifiers in order to provide the desired quality product. However, it is now preferred to provide such products which are low fat and without additives. To date products provided which are low fat and without added stabilisers and emulsifiers have been inferior in quality in that they are fast melting, have a low percentage of destabilised fat, and are unstable to heat shock and hence quickly become very icy. Furthermore, such products have a reduced creaminess perception.

Clearly it would be advantageous to be able to provide a low fat product having no added emulsifiers, and preferably no added stabilisers or emulsifiers which nevertheless retains its high quality.

Frozen aerated products such as ice cream are usually produced by a continuous process comprising the following steps:

- a) homogenising of ingredients
- b) pasteurisation
- c) cooling
- d) freezing and aeration
- e) extrusion
- f) (optional) deep freezing

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Normally the homogenisation step takes place in a first vessel, followed by continuous pasteurisation followed by cooling. The mixture is then transferred to a freezer, for example a scraped surface heat exchanger where the product is frozen to a temperature of approximately -6°C followed by quiescent cooling in a hardening tunnel.

The applicants have surprisingly found that if the product is subjected to cooling and shearing in a screw extruder prior to extrusion and any optional deep freezing, a high quality low fat product may be prepared even in the absence of emulsifiers and preferably also in the absence of stabilisers.

Screw extruders such as single screw and twin screw extruders are widely used in the chemical industry for example in the production of plastics. It has also been proposed to use single screw or twin screw extruders in the freezing of ice-cream, see for example EP 561 118 and EP 401 512.

EP 713 650 discloses a method for manufacturing frozen aerated products in which the composition to be frozen is mixed, aerated and cooled to a temperature equal or less than -8°C prior to extrusion in a single twin screw device.

However, to date it has not been recognised that such screw extruders can advantageously be used to prepare a high quality frozen aerated product having a low fat content and no added emulsifiers or stabilisers.

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Disclosure of the Invention

Accordingly the invention provides a frozen aerated product comprising;

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- (i) 1 to 6% fat
- (ii) 0% emulsifier
- (iii) 0 to 1.0% stabiliser

which satisfies the following conditions:

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- (a) % DF greater than or equal to [0.6 * %F];
- (b) % ML100 less than or equal to 100% [5.35 * %F]; and
- (c) An air cell size distribution such that the mean air cell size is less than 40 μM with a standard deviation of less than 20 μM ;

wherein DF = destabilised fat

F = fat

ML100 = mass loss after 100 minutes

Preferably the product has from 0 to 0.5% stabiliser, more preferably from 0 to 0.25 % stabiliser, even more preferred from 0 to 0.15% stabiliser, most preferred 0% stabiliser.

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Preferably the product has 2% fat, most preferably 3% fat. By fat is meant triglycerides and not mono- or diglycerides.

- 30 Preferably the product has an air cell size distribution such that the mean air cell size is less than $25\mu M$, more preferably less than $20\mu M$.
- A convenient process for the preparation of the frozen
 aerated product according to the invention comprises
 subjecting the product to be frozen to shear forces and
 cooling in a screw extruder prior to extrusion and optional

deep freezing.

The screw extruder can be either a single or multiple screw extruder, preferably however a single or twin screw extruder is used.

Preferably the product is extruded at a temperature of from -10°C to -30°C, more preferably from -10°C to -25°C, most preferably -10°C to -15°C.

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The screw extruder may be employed after the conventional freezing and aeration step within for example a scraped surface heat exchanger. Alternatively all steps prior to extrusion, including if desirable homogenisation and pasteurisation, may be conducted within the screw extruder as described in either EP 713 650 or our copending European patent application EPA 96302718.0

Frozen aerated products according to the invention have been shown to have an increased perception of fat, characterised by increases in creamy texture, thickness, smoothness, initial smoothness and reduction of ice crystal quantity in mouth and ice crystal size in mouth.

The percentage destabilised fat was measured using a solvent extraction technique. 10g of ice cream was melted for 4 hours at ambient temperature before extraction with petroleum solvent. The solvent was evaporated and the extracted destabilised fat was weighed, this was expressed as a percent of the weight of the total fat in the ice cream.

The percentage mass loss after 100 minutes was determined by measuring the weight of melted ice cream every minute over the required time period.

The air cell distribution was determined using low

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temperature scanning electron microscopy (SEM).

The mean air cell size measured for the products of the invention is thought to be important for providing products having a creamy texture. Conventionally prepared ice cream, which is stabilised and emulsified will have a mean air cell size of from 60 to $100 \mu M$.

Preferably the frozen aerated product of the invention is a milk or fruit based frozen aerated confection such as ice cream, frozen yoghurt, sherbet, sorbet, and frozen custard.

Suitable ingredients and their preferred levels for such a frozen aerated confection are for example: Ice cream/custard: milk fat 1-6 wt%, milk solids non fat 2 to 15 wt%, sugar or other sweeteners 0.01 to 35 wt%, flavours 0-5 wt%, water 30 to 85 %wt.

Any stabiliser used in ice cream is suitable, for example
Locust Bean Gum (LBG), Carrageenan, Guar gum, gelatin, CMC
(Carboxy methyl cellulose) gum, pectin, algin products, and
mixtures thereof.

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Examples

Example 1

5 An ice cream mixture having the following formulation:

4.5% Fat

13.91% Skimmed Milk Powder

16.76% sucrose

0.4% flavour

10 Water to 100%

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was prepared in the conventional way and initially frozen in a standard ice cream freezer (scraped surface heat exchanger, SSHE) to a temperature of -7.6°C. Air was added to the mix in a ratio of 1:1.

The outlet of the SSHE was connected by pipework to a single screw extruder with a refrigerated jacket which continued to freeze the ice cream to a temperature of < -10°C. The single screw extruder had the following geometry:

Barrel length 0.75m
Barrel diameter 0.2m

Screw pitch 0.135m (2 start)

25 Screw Channel depth 15 mm

The single screw extruder was controlled to maintain a constant inlet pressure of 7 barg and a torque on the screw of 1500 Nm. The outlet pressure was 8 barg. The flow rate was 250 L/hr. During production the torque level was increased and when the torque reached 1500Nm the extruded ice cream changed colour becoming whiter.

An ice cream product was obtained which was emulsifier and stabiliser free having 10.3% destabilised fat, 72% mass loss after 100 minutes, and the mean air cell size was $20\,\mu\text{M}$.

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Furthermore, the ice-cream was of high quality having an excellent creamy texture and smoothness. A trained sensory panel perceived this low fat formulation to be as creamy as a commercial sample prepared in the same way having an identical formulation except that the fat content was 12%.

Example 2

An ice cream mixture having the following formulation:

10 1.0% Fat

14.76% Skimmed Milk Powder

17.37% sugars

0.22% stabiliser

0.4% flavour

15 Water to 100%

was prepared in the conventional way and initially frozen in a standard ice cream freezer (scraped surface heat exchanger, SSHE) to a temperature of -6.2°C. Air was added to the mix in a ratio of 1:1.

The outlet of the SSHE was connected by pipework to a single screw extruder with a refrigerated jacket which continued to freeze the ice cream to a temperature of < -10°C. The single screw extruder had the following geometry:

Barrel length 0.75m
Barrel diameter 0.2m

Screw pitch 0.135m (2 start)

Screw Channel depth 15 mm

The single screw extruder was controlled to maintain a constant inlet pressure of 7 barg and a torque on the screw of 1800 Nm. The outlet pressure was 8 barg. The flow rate was 250 L/hr.

An ice cream product was obtained which was emulsifier free

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having 0.91% destabilised fat, 91.8% mass loss after 100 minutes, and the mean air cell size was 17.6 μ M, with a standard deviation of $9.9\mu M$.

5 Example 3

An ice cream mixture having the following formulation:

4.5% Fat

13.91% Skimmed Milk Powder

16.76% sucrose 10

0.22% stabiliser

0.4% flavour

Water to 100%

- was prepared in the conventional way and initially frozen 15 in a standard ice cream freezer (scraped surface heat exchanger, SSHE) to a temperature of -6.2°C. Air was added to the mix in a ratio of 1:1.
- The outlet of the SSHE was connected by pipework to a 20 single screw extruder with a refrigerated jacket which continued to freeze the ice cream to a temperature of The single screw extruder had the following < -10°C. geometry:

Barrel length 0.75m 25 0.2m Barrel diameter

> 0.135m (2 start) Screw pitch

Screw Channel depth 15 mm

- The single screw extruder was controlled to maintain a 30 constant inlet pressure of 7 barg and a torque on the screw of 1800 Nm. The outlet pressure was 8 barg. The flow rate was 250 L/hr.
- An ice cream product was obtained which was emulsifier free 35 having 4.86% destabilised fat, 35% mass loss after 100 minutes, and the mean air cell size was 18.9 µM, with a

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standard deviation of 12.8 µM.

Example 4

5 An ice cream mixture having the following formulation:

2.0% Fat

14.52% Skimmed Milk Powder

17.19% sugars

0.22% stabiliser

10 0.4% flavour

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Water to 100%

was prepared in the conventional way and initially frozen in a standard ice cream freezer (scraped surface heat exchanger, SSHE) to a temperature of -6.2°C. Air was added to the mix in a ratio of 1:1.

The outlet of the SSHE was connected by pipework to a single screw extruder with a refrigerated jacket which continued to freeze the ice cream to a temperature of < -10°C. The single screw extruder had the following geometry:

Barrel length 0.75m Barrel diameter 0.2m

Screw pitch 0.135m (2 start)

Screw Channel depth 15 mm

The single screw extruder was controlled to maintain a constant inlet pressure of 7 barg and a torque on the screw of 1800 Nm. The outlet pressure was 8 barg. The flow rate was 250 L/hr.

An ice cream product was obtained which was emulsifier free having 1.23% destabilised fat, 89.3% mass loss after 100 minutes, and the mean air cell size was $18.4 \mu M$, with a standard deviation of $12.3 \mu M$.

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CLAIMS

- 1. A frozen aerated product comprising:
- 5 (i) 1 to 6% fat
 - (ii) 0% emulsifier
 - (iii) 0 to 1.0% stabiliser

which satisfies the following conditions:

- 10 (a) % DF greater than or equal to [0.6 * %F];
 - (b) % ML100 less than or equal to 100% [5.35 * %F]; and
 - (c) An air cell size distribution such that the mean air cell size is less than 40 μM with a standard deviation of less than 20 μM ;

wherein DF = destabilised fat

F = fat

ML100 = mass loss after 100 minutes

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- 2. A frozen aerated product according to claim 1 wherein the product comprises from 0 to 0.5%, preferably 0 to 0.25% most preferably form 0 to 0.15% stabiliser.
- 25 3. A frozen aerated product according to claim 1 or 2 wherein the product comprises 0% stabiliser.
- 4. A process for the preparation of a frozen aerated product according to any preceding claim wherein the product to be frozen is subjected to shear forces and cooling in a screw extruder prior to extrusion and optional deep freezing.
- 5. A process according to claim 4 wherein the product to be frozen is initially cooled to approximately -6°C in a freezer before transferring into the screw extruder.

- 6. A process according to claim 5 wherein the freezer is a scraped surface heat exchanger.
- 7. A process for the preparation of a frozen aerated product according to any one of claims 1 to 3 comprising the steps of
 - (a) homogenising of ingredients;
 - (b) pasteurisation;
 - (c) cooling;
- 10 (d) freezing and aeration;
 - (e) extrusion; and
 - (f) (optional) deep freezing;
- wherein steps (a) to (d) are conducted in a screw extruder.
 - 8. A process according to any one of claims 4 to 7 wherein the screw extruder is a single screw extruder.
- 9. A process according to any one of claims 4 to 7 wherein the screw extruder is a twin screw extruder.
- 10. A process according to any one of Claims 4 to 7 wherein the product is extruded at a temperature of from -10°C to -30°C, preferably -10°C to -25°C, most preferably -10°C to -15°C.

Ini Gonal Application No PCT/EP 97/04574

A. CLASSIF IPC 6	FICATION OF SUBJECT MATTER A23G9/20 A23G9/02		
According to	International Patent Classification (IPC) or to both national classification	on and IPC	
B. FIELDS			
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